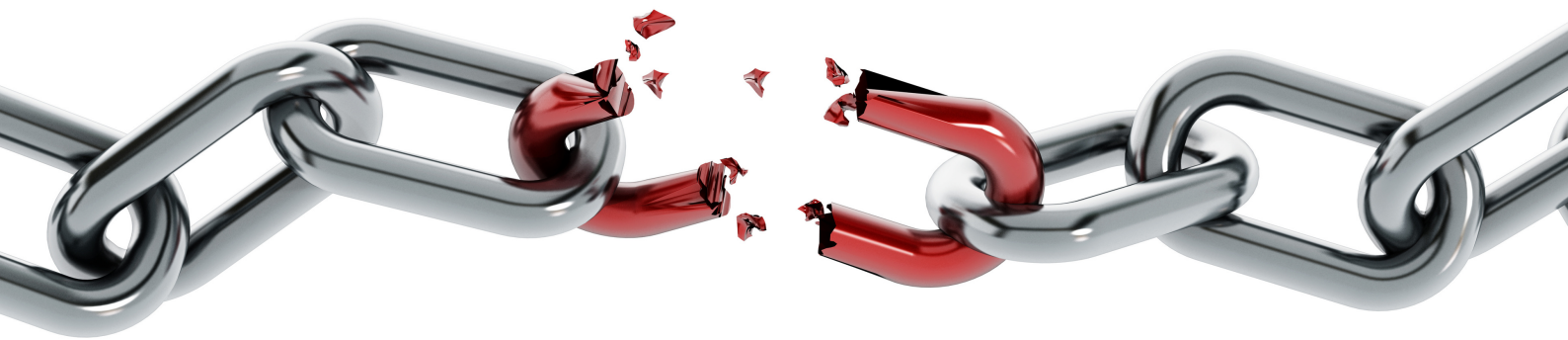


GET OUT OF YOUR OWN WAY



A Personal & Professional Transformation Workshop


Reboot
YourLife.com.au

***Get Out of Your Own Way* is a workshop that delivers results ... right where you need them.**

When it comes to workplace issues, it's easy to know there's a problem, but it's a lot harder to solve it. No one likes confrontation so these issues often escalate.

But, what if we told you there IS a way to solve your workplace issues, WITHOUT the need for confrontation?

At **Reboot Mindset Coaching**, we believe that people do the best they can, with what they've got. We are all a product of our beliefs, but when some of our beliefs no longer serve us, they can lead to:

- Communication issues;
- Personality conflict;
- Workplace drama;
- Poor performance;
- Employee stagnancy;
- High staff turnover; and
- Increased sick/stress leave.



But, when you show people how to release their limiting behaviours, without any judgement or finger pointing, they flourish personally and professionally.

Your corporate environment then evolves into one where staff are on the same team, kicking goals for your organisation.

They feel empowered, motivated, positive and equipped with the tools for accountability and growth.

Here's how it works...

When it comes to supporting people, there is no one-size-fits-all approach (or at least, there shouldn't be), which is why we offer flexible solutions to suit your needs and your people.

OPTION

1

Build your own!

You select the workshop content, most relevant to your organisation, from the modules on the next page.

The time required for each module is 90 minutes, so two modules would represent a half-day workshop and a full day would consist of three modules with extended review Q&A, or four modules alone.

OPTION

2

We build it for you!

Each participant, or a broad selection of your staff, complete an anonymous, digital questionnaire that is 100% judgement-free and designed by us to highlight potential workplaces challenges.

We will then make a recommendation to you on the modules we feel would be of the most benefit, in line with whether you choose the half day, or full day option.

OPTION

3

We build something together!

If neither of the above options fit your needs, we'll create a workshop totally unique to your workplace.

We will visit your site, meet with you to discuss your needs and then confidentially interview a random selection of staff to determine the most beneficial workshop content for your organisation.

Mix n' Match Modules

If you feel your organisation would benefit more from a series of workshops, please make contact to discuss a package quote.

1 PERSONALITIES

Personality conflicts happen because we don't understand each other.

In this module, we use a profiling tool to identify each person's natural personality type, their communication style and how to interact with them.

2 COMMUNICATION

Communication breaks down when confrontation steps into the arena.

In this module, we explain the difference between confrontation and assertiveness, plus how to drop our weapons and talk to each other with integrity and purpose.

3 DRAMA

When people are on the dreaded drama cycle, it's a downhill ride for morale.

We've all been on it, but usually without realising it. In this module, everyone will get to identify where they sit on the drama cycle ... and how to get off it!

4 SELF-WORTH

Why some people take everything personally and others don't care.

It's hard to value others when we don't value ourselves. In this module we share how to spot our limiting beliefs, move past them and step into self-worth.

5 RAPPORT

Rapport can mean the difference between success and failure.

In this module, we explain the benefits of rapport and how to establish it, so we can build trust, loyalty and successful relationships with clients and each other.

4 POWER UP

It's human to feel fear, but when we understand it, amazing things happen.

Fear of failure, anxiety and overwhelm can make us feel stuck and unmotivated. This module provides practical tips to restore clarity and confidently power up.

Your investment in a better workplace

1. All fees are exclusive of GST.
2. Workshops are for up to 12 people.
3. More than 12? No problems. Additional participants are \$180pp.
4. We are happy to source and quote for external venue and catering.

	<h2>HALF Day Workshop</h2> <p>We provide: Two modules All materials and resources One presenter Follow-up report</p> <p>You provide: Venue Refreshments (if applicable)</p>	\$1750
	<h2>FULL Day Workshop</h2> <p>We provide: Four Modules (or Three + Q&A) All materials and resources One presenter + One Assistant Follow-up report</p> <p>You provide: Venue Refreshments (if applicable)</p>	\$2999
	<h2>Optional Add Ons</h2> <p>On-site visit to conduct comprehensive needs assessment for workshop(s) tailor-made for your organisation.</p> <p>Sourcing and managing bookings for external venue and catering (at your request).</p>	\$250 per hour

Your Presenter - Leanne Shaw

Leanne Shaw is a Master Mindset Coach and founder of Reboot Mindset Coaching.

In addition to supporting clients to achieve life-changing transformation, she also facilitates regularly sold-out workshops and corporate team building.

Leanne is an Accredited Master Practitioner of:

Neuro Linguistic Programming
Time Line Therapy®
Clinical Hypnotherapy
Life Coaching

Other Qualifications:

Diploma of Frontline Management
Australian College of Journalism Cadetship
Cert III Social Services (Disability)

... and Mum to 3 badass young women



I attended one of Leanne's workshops. Not only did I learn about myself and the way my brain works but it was also FUN! Leanne is a fabulous presenter that keeps everybody engaged and I don't think anyone left without a plan to move forward
Thank you Leanne! Great job. CD - Bunbury

The Next Step

Thank you for reviewing this proposal.

We're here to serve you and power-up your workplace, community group or even personally. For more information, or to secure a booking date, please contact Leanne.

You can contact Leanne via:

Phone: 0479 092 220

Email: Leanne@RebootYourLife.com.au

Socials: @RebootMindsetcoaching

**To complete our 2-Minute Online Booking Form,
or request more information, please visit:**

www.RebootYourLife.com.au

and click on **Reboot Your Corporate Mindset**

or, scan this QR Code from any device.



Workshop Terms & Conditions

A tax invoice, will be provided within 24 hours of receiving your booking.

Invoice terms are 14 days, unless otherwise arranged.

A 50% deposit is required to secure your booking.

If full payment is made within 14 days of booking, a 10% discount will be applied.

All materials created by Reboot Mindset Coaching are subject to copywrite and cannot be reproduced without written consent from us. You may, however, be able to purchase additional materials. Let us know what you need and we'll do our best to help.

All data obtained from your staff will be held in strict confidence. We will provide a follow up report after each workshop where we provide feedback on the event and any recommendations we have. We are, however, unable to provide any specific details about participant discussions as each workshop is a safe space to raise and solve issues. ALL issues raised will be kept general in nature and negative discussions about specific people will not be entertained.

We will request permission to take photographs for use on our website and social media for promotional purposes. We are happy to promote your organisation as an 'employer of choice' in the process and supply you with all images. If you do not consent to photos being taken, that's not a problem, please let us know beforehand.

Participant numbers are kept low to maximise our ability to support each person present. Ideally, workshops are for up to 12 people, however some additional participants are welcome to attend at an additional charge. This will cover the cost of materials and additional facilitators if required. For larger groups, please contact us for a quote.

If you are unable to proceed with a workshop, we are happy to issue you with a credit to use at a later date.

Cancellations made 4 or more weeks prior to a booked workshop date will receive a full refund. Cancellations made 2 - 4 weeks prior to a booked workshop date will be refunded 50% of the full workshop cost. Cancellations made less than two weeks of a booked workshop will not be eligible for a refund, except in exceptional circumstances as all materials and time to create workshop content will have been completed.

If you have queries about these terms and conditions, please contact us.